

Tiny Tiger Grading Syllabus
(Not NGB Standard)

	<u>Belt Badge</u>	<u>Kihon</u>
	<u>White Belt Badge</u>	<ul style="list-style-type: none"> • <u>Front stance</u> • <u>Horse riding stance</u> • <u>Standing punches</u> • <u>Kiai on 5th count</u>
	<u>Red Belt Badge</u>	<ul style="list-style-type: none"> • <u>Front stance</u> • <u>Horse riding stance</u> • <u>Back stance</u> • <u>Standing punches</u> • <u>Standing head block</u> • <u>Standing outside block</u> • <u>Kiai on 5th count</u>
	<u>Yellow Belt Badge</u>	<ul style="list-style-type: none"> • <u>Front stance</u> • <u>Horse riding stance</u> • <u>Back stance</u> • <u>Stepping punches</u> • <u>Stepping head block</u> • <u>Stepping outside block</u> • <u>Kiai on 5th count</u>
	<u>Orange Belt Badge</u>	<ul style="list-style-type: none"> • <u>Stepping punches</u> • <u>Stepping head block</u> • <u>Stepping outside block</u> • <u>Stepping inside block</u> • <u>Stepping front kick</u> • <u>Kiai on 5th count</u> • <u>Kata – Kihon (first 8 moves)</u>
	<u>Green Belt Badge</u>	<ul style="list-style-type: none"> • <u>Stepping punches</u> • <u>Stepping head block</u> • <u>Stepping outside block</u> • <u>Stepping inside block</u> • <u>Stepping front kick</u> • <u>Side snap kick</u> • <u>Kiai on 5th count</u> • <u>Kata – Kihon (all 20 moves)</u>
	<u>Blue Belt Badge</u>	<ul style="list-style-type: none"> • <u>Stepping punches</u> • <u>Stepping head block</u> • <u>Stepping outside block</u> • <u>Stepping inside block</u> • <u>Stepping front kick</u> • <u>Side snap kick</u> • <u>Side thrust kick</u> • <u>Kiai on 5th count</u> • <u>Kata – Heian Shodan (first 8 moves)</u>

		<u>Brown Belt Badge</u>	<ul style="list-style-type: none"> • <u>Stepping punches</u> • <u>Stepping head block</u> • <u>Stepping outside block</u> • <u>Stepping inside block</u> • <u>Stepping front kick</u> • <u>Side snap kick</u> • <u>Side thrust kick</u> • <u>Kiai on 5th count</u> • <u>Kata – Heian Shodan (all 20 moves)</u> • <u>3-step Kumite: head level punch vd head block</u>
		<u>Black Belt Badge</u>	<ul style="list-style-type: none"> • <u>Stepping punches</u> • <u>Stepping head block</u> • <u>Stepping outside block</u> • <u>Stepping inside block</u> • <u>Stepping front kick</u> • <u>Stepping downward block</u> • <u>Stepping knife hand block (back stance)</u> • <u>Side snap kick</u> • <u>Side thrust kick</u> • <u>Kiai on 5th count</u> • <u>Kata – Heian Nidan (all 20 moves)</u> • <u>3-step Kumite: head level punch vd head block & stomach level punch vs outside block</u>
		<u>Transfer to Junior Tigers</u>	<u>Blue Belt Badge = Red Belt</u> <u>Brown Belt Badge = Yellow Belt</u> <u>Black Belt Badge = Orange Belt</u>